

PSC505: Clinical Skills in a Multicultural Context, Spring, 2002

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Course Description:

This experiential course fosters multicultural awareness, teaches students about the impact of multiple cultural influences and identities on clinical issues and introduces students to culturally responsive assessment practices and clinical skills. Cultural influences and identities include: age, disability, religion/spirituality, race/ethnicity, socioeconomic status, sexual orientation, indigenous heritage, national identity, and gender.

Course Objectives:

1. To understand the intersectionality of multicultural identities, including your own (e.g., race, class, gender, sexual orientation).
2. To situate yourself in a multicultural context as a counselor or clinician.
3. To become familiar with multicultural identity development models and to apply this knowledge to yourself and clients.
4. To integrate multicultural awareness, knowledge and skills.
5. To apply multicultural counseling and assessment principles to professional practice (i.e., psychotherapy & career counseling).
6. To develop multicultural case conceptualization skills.
7. To develop knowledge and skill acquisition strategies for working with new and diverse populations.
8. To increase your knowledge of culturally-responsive approaches and techniques..
9. To understand and participate in an evaluation of multicultural counseling competencies.

Letter Grade Equivalencies: Antioch does not routinely provide letter grades. Letter grade equivalencies may be added to the narrative evaluation if you request one by the end of week 2.

Evaluation:

Attendance: Each student must attend all classes. If you must miss a class meeting, inform the instructor in advance of the class and make arrangements to make up the work. If you miss more than one class, you will receive a no-pass for the course and you will be required to repeat it.

Participation: This course includes experiential elements (e.g., structured group experiences, role-plays) and student participation is required. Active participation in class discussions and consultations is also an essential part of learning and will be evaluated.

Assignments:

1. Pre- and Post- Multicultural Vignettes (in class, weeks 1 & 10).
2. Pre- and Post- Completion of the Multicultural Counseling Inventory (MCI) (in class, weeks 1 & 10).
3. Self-Assessment of Identity Development (Choose among, integrate, or adapt - Racial/Cultural Identity Development, White Identity Development, Lesbian/Gay/Bi-Sexual Identity Development). Due Week 4.
4. Multicultural Case Report. Due week 10.

Required Reading:

Hays, P. A. (2001). Addressing cultural complexities in practice: A framework for clinicians and counselors. Washington, DC: American Psychological Association.

Reader

Weekly Topics & Assignments:

Week One: Assessments, Multiculturalism, Multicultural Counseling, Multicultural Counseling Competencies.

Reader

Week Two: The Culture of Counseling, Cultural Mistrust; Strategies for Increasing Multicultural Awareness; Intersectionality of Identity; Importance of Context .

Text: Chapters 1-3

Reader

Week Three: Models of Identity Development, Worldview, Acculturation; Multicultural Professional Relationships

Text: Chapters 4-5

Reader

Week Four: Multicultural Assessment & Diagnosis; Strategies for Increasing Multicultural Knowledge; Culture/Context & Identity

Text: Chapters 6-7

Reader

Due: Self-Assessment of Identity Development

Week Five: Multicultural Applications of the DSM-IV; Culture/Context & Mental Health

Text: Chapter 8

Reader

Week Six: Culturally-Responsive Therapy; Culture/Context & Couples & Families

Text: Chapters 9-10

Reader

Week Seven: Culturally-Responsive Therapy; Culture/Context & Adjustment /Coping Across the Life Span

Text: Chapter 11

Reader

Week Eight: Strategies for Increasing Multicultural Skills; Culture/Context and Trauma

Reader

Week Nine: Multicultural Mental Health Service Delivery; Integrating Awareness, Knowledge, & Skills; Culture/Context and Loss

Reader

Week Ten: Multicultural Counseling, Psychotherapy, & Social Action; Perils and Perks of a Multicultural Practice; Final Assessments

Reader

Due: Case Report