

Application for Disaster Recovery Work
Multicultural Center for Research and Practice
Antioch University New England
Keene, New Hampshire

Date: _____

This is an application to be a volunteer in a disaster recovery outreach project of Antioch NE's Multicultural Center. You will be responsible for covering your expenses for traveling, lodging, food, and clothing.

Do you have resources to support your disaster recovery trip? Yes _____ No _____

A. Demographic Section

Name: _____ DOB: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: Daytime: _____ Evening: _____

Email Address: _____

Graduate School/University: _____

Name of Department: _____ Year in Program: 1 2 3 4 5

Name of Trip you are applying for: _____

Dates of Trip you are applying for: _____ to _____

B. Professional Experience

Attach your curriculum vitae to this application.

C. Short Answer Section

Answer the following questions using no more than 200 words for each question. Attach your typed, double-spaced answers to this application.

1. Statement of Purpose: Discuss why you would like to participate in our Villahermosa, Mexico recovery outreach.
2. What do you know about the cultural and socioeconomic history of Villahermosa?
3. What do you know about the damage to regions affected by the Tabasco, Mexico flooding?
4. Discuss your knowledge of the post-Tabasco recovery and reconstruction efforts in Villahermosa.

5. Describe your past experience in disaster relief or general volunteer work.
6. Discuss your interpersonal strengths and weaknesses that you will bring to our disaster recovery team.
7. What do you anticipate to be the greatest environmental challenge for you if given a chance to engage in disaster recovery work in Villahermosa?
8. What self-care do you engage in when experiencing stress?
9. Evaluate your current level of multicultural competence for work with racially, culturally, and socioeconomically diverse people.

D. Self-Assessment Section

1. Attitude Measure I

Please be as honest and accurate as you can throughout. Try not to let your response to one statement influence your response to other statements. There are no “correct” or “incorrect” answers. Answer according to your own feelings, rather than how you think “most people” would answer. Record your response to each item based on the 5 choices below. Indicate response to the right of each item.

1=I agree a lot

2=I agree a little

3=I neither agree or disagree

4=I disagree a little

5=I disagree a lot

- _____ 1. In uncertain times, I usually expect the best.
- _____ 2. It’s easy for me to relax.
- _____ 3. If something can go wrong for me it will.
- _____ 4. I’m always optimistic about my future.
- _____ 5. I enjoy my friends a lot.
- _____ 6. It’s important for me to keep busy.
- _____ 7. I hardly ever expect things to go my way.
- _____ 8. I don’t get upset too easily.
- _____ 9. I rarely count on good things happening to me.
- _____ 10. Overall, I expect more good things to happen to me than bad.

Scheier, Carver, & Bridges, 1994

2. Attitude Measure II

Please check the appropriate blank. Check only one blank per question—the one that you think describes you the best.

1. The language(s) I speak well
 1. English only.
 2. Mostly English, some a language(s) other than English.
 3. English and a language(s) other than English equally well.
 4. Mostly a language(s) other than English, some English.
 5. A language(s) other than English only.
2. When I am with people from other countries I speak
 1. English only
 2. Mostly English, some a language(s) other than English.
 3. English and a language(s) other than English equally well.
 4. Mostly a language(s) other than English, some English.
 5. A language(s) other than English only.
3. Friends with whom I am close are
 1. White Americans only.
 2. Mostly White Americans, some people from other countries/some people from racial or ethnic minority groups.
 3. White Americans and people from other countries/people from racial or ethnic minority groups.
 4. Mostly people from other countries/mostly people from racial or ethnic minority groups.
 5. People from other countries only/people from racial or ethnic minority groups only.
4. When I think, my ideas and images best operate
 1. In English only.
 2. Mostly in English, some in a language(s) other than English.
 3. English and a language(s) other than English equally well.
 4. Mostly a language(s) other than English, some English.
 5. A language(s) other than English only.
5. People I trust and turn to when I need help are
 1. Friends only.
 2. Mostly friends, some my family.
 3. Friends and my family equally.
 4. Mostly my family, some friends.
 5. My family only.

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6. I like to eat

- 1. Only American food.
- 2. Mostly American food, some food from other countries/some ethnic foods.
- 3. American food and food from other countries equally/ethnic foods equally.
- 4. Mostly food from other countries/mostly ethnic foods, some American food.
- 5. Only food from other countries/only ethnic foods.

7. I believe my group identity to be related

- 1. Only to White American society.
- 2. Mostly to American society and some to another country/some to a racial or ethnic minority group.
- 3. To White American society and another country equally/a racial or ethnic minority group equally.
- 4. Mostly to another country/mostly to a racial or ethnic minority group, some to White American society.
- 5. Only to another country/only to a racial or ethnic minority group.

8. I believe myself to be an individual

- 1. With many similarities with White Americans.
- 2. With some similarities with White Americans.
- 3. Equally similar to White Americans and to people from another country/people from a racial or ethnic minority group.
- 4. With some similarities with people from another country/people from a racial or ethnic minority group.
- 5. With many similarities with people from another country/people from a racial or ethnic minority group.

Mark each of the following statements according to how much you agree or disagree with it. There is no right or wrong answer. The best answer is your personal opinion. Please express what you actually believe to be true rather than what you wish were true. If you do not have a definite opinion about a statement, choose a degree of agreement or disagreement (from 6 agree strongly to 1 disagree strongly) that comes closest to what you think. Please respond to every statement. The numbers 6, 5, 4, 3, 2, and 1 stand for the following:

- 6 – Agree strongly**
- 5 – Agree**
- 4 – Tend to agree**
- 3 – Tend to disagree**
- 2 – Disagree**
- 1 – Disagree strongly**

Note. “Minority/Minorities” refers only to U.S. racial and ethnic minorities.

- 9. White Americans try to fit minorities into the stereotypes that they have about them.

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6 – Agree strongly

5 – Agree

4 – Tend to agree

3 – Tend to disagree

2 – Disagree

1 – Disagree strongly

Note. “Minority/Minorities” refers only to U.S. racial and ethnic minorities.

_____ 10. When compared to minorities, White Americans are overly concerned about their personal needs.

_____ 11. When a minority individual is with a group of White American friends, the White Americans almost always talk to each other and ignore the minority individual.

_____ 12. If/when people from another country don’t dress in White American fashions, White Americans think they are backward or not to be taken seriously.

_____ 13. American institutions (e.g., professional associations, major universities or government agencies) are trying to place official or unofficial restrictions on minorities gaining admission into educational, work, or professional areas in which the minority group has achieved visible numbers or success.

_____ 14. Minorities are often overlooked for recognition (e.g., an award for academic achievement), special projects, hiring, or promotion because these advancements are given to White Americans.

_____ 15. No matter how adaptive to White American ways people from another country/minority group may be, they still are seen as “foreigners”/“different.”

_____ 16. Where they live, if minorities do not have some family members, relatives, or friends from their country of origin/from their minority group, they feel isolated.

_____ 17. The physical appearance of minorities does not match the standards that White Americans have about good looks.

_____ 18. White Americans are only interested in minorities on the surface level.

_____ 19. I prefer music, films, dances, and entertainment that pertain to White American culture to those of another country/of a minority group.

_____ 20. White Americans think that people from other countries have strange, primitive customs.

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6 – Agree strongly

5 – Agree

4 – Tend to agree

3 – Tend to disagree

2 – Disagree

1 – Disagree strongly

Note. “Minority/Minorities” refers only to U.S. racial and ethnic minorities.

_____ 21. White Americans don’t care to know about the religion, culture, national history, values, or life style of people from other countries/people from minority groups.

_____ 22. I have more White American friends than friends from other countries/minority groups.

_____ 23. I believe I fully understand how to function successfully in the American bureaucracy or “system” (educational, governmental, professional, or business operations).

_____ 24. I adhere to White American religious and cultural values.

_____ 25. Minorities are not fully accepted in organizations (e.g., private social clubs, professional associations, fraternities, sororities, or physical fitness clubs) which have a majority of White American members.

_____ 26. White Americans are too assertive and verbal for the liking of people of other countries/minority groups.

_____ 27. I celebrate American religious or social festivals more than I celebrate another country’s/a minority group’s religious or social festivals.

_____ 28. I believe that the best way for minorities to appear less “different” to White Americans is to become like White American society and people.

_____ 29. I seek the friendship and support of primarily White American people in the city/town I am living in.

_____ 30. When studying or working with minorities, White Americans feel threatened by minority individuals’ strengths and successes (e.g., hard work and professional/academic progress) or increasing numbers.

_____ 31. In their study or work environment, minorities follow White American ways and standards but at home they follow the customs of another country/their racial or ethnic minority group.

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_____ 32. White Americans believe that an international/minority person's foreign accent, nonfluent English, or lack of knowledge of American expressions is a sign of ignorance.

_____ 33. White Americans believe it is more proper to marry a White American than a person from another country/minority group.

_____ 34. Minorities are rarely invited to the homes or parties of their White American classmates, colleagues, or neighbors.

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**Please send the completed application to:
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Send the completed application to the above contact information on this page